



International
Epilepsy Day
2025

Report

ILAE

IBE

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About

International Epilepsy Day is an annual event organized by the International Bureau for Epilepsy (IBE) and the International League Against Epilepsy (ILAE) to raise awareness about epilepsy and its impact on individuals, families and communities around the world.

2025 Theme: #MyEpilepsy Journey

Epilepsy affects more than 50 million people worldwide, yet the full impact on daily life is still not fully recognised. Building on 2024's *My Epilepsy Journey* theme, we gathered personal stories that illuminate the everyday needs of people living with epilepsy.

These lived experiences strengthen and contextualise the findings from IBE's Global Epilepsy Needs Study (GENS) and ILAE's EPIACT programme, which aims to close treatment, inclusion and research gaps across six key areas. By bringing patient voices forward, we can shape care that supports people not only medically, but in every part of life.



ILAE-IBE Joint Statement



We commend the WHO for ensuring IGAP highlights but goes beyond, the medical needs of people with epilepsy, taking an intersectoral, person-centered approach. Our Global Epilepsy Needs Study, gathering insights from over 6,000 individuals affected by epilepsy, reveals significant challenges in areas such as employment, education, mental health, and social inclusion. These findings reinforce the urgent need for intersectoral collaboration.



Dr Francesca Sofia
IBE President

[Read ILAE-IBE Joint Statement](#)



Prof Helen Cross
ILAE President

Worldwide less than one in five people have epilepsy, so around only 10 million people have access to treatment for their seizures. This means that at least 40 million people with epilepsy don't despite epilepsy being a treatable brain disorder. We urgently need to expand epilepsy services and ensure that everyone has access to the treatments we know work and which, in many cases, are also very cheap.



#EpilepsyDay Video Messages



Dr Man Mohan Mehndiratta, Vice President, International Bureau for Epilepsy, South East Asia Region

International Epilepsy Day • 76 views • 9 months ago



Alicia Bogacz, Vice President, International Bureau for Epilepsy Latin America Region

International Epilepsy Day • 20 views • 9 months ago



Elvira Vacas, Vice President, International Bureau for Epilepsy, Europe Region

International Epilepsy Day • 115 views • 9 months ago



Anchor Hung, Vice President, International Bureau for Epilepsy, Western Pacific Region

International Epilepsy Day • 10 views • 9 months ago

[View Video Messages](#)

Campaign Resources

A comprehensive toolkit with campaign resources for social media was available to download from the International Epilepsy Day website.



Knowledge and Advice	Safety and Survival	Healthcare and Wellbeing	Learning and Education	Work and Income
Safe Transport and Driving	Community and Household	Mental Health and Wellbeing	Sexual and Reproductive Health	Achieving Your Goals



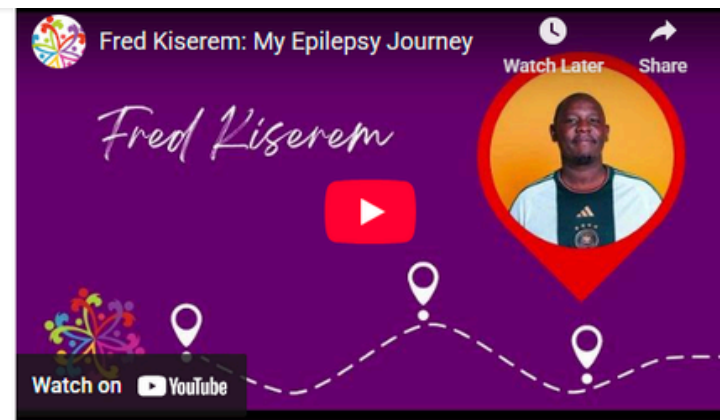
Virtual Art Exhibition

Pictured on this page is a selection of entries to our virtual art exhibition on the theme of Milestones on My Epilepsy Journey. All entries can be viewed at www.internationalepilepsyday.org/art-exhibition.



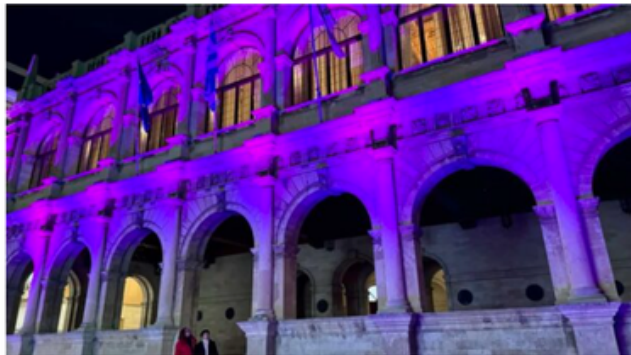
#MyEpilepsyJourney Stories

Thank you to everyone who submitted stories about the unique journey they have experienced as a person living with epilepsy. Read the complete story collection at <https://internationalepilepsyday.org/journey>.



Shining a Light

Landmarks and buildings worldwide were bathed in purple to raise epilepsy awareness. Thank you to everyone who made it happen!



Events

International Epilepsy Day 2025 was a day of action, education, and celebration! On the following pages you'll find a selection of photos to illustrate the variety of events that took place.



Africa

Kenya



Youth On The Move



Shine Epilepsy Support



Foundation for People with Epilepsy

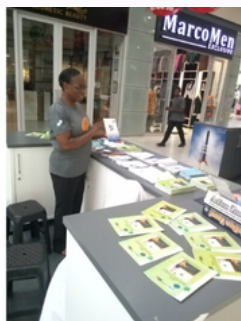


Africa

Mauritius



Zambia



Ethiopia



Africa

Uganda



Purple Bench Initiative



Cameroon



Gambia



South East Asia

India



South East Asia

Mongolia



Pakistan



Europe

France



The Reference Center for Rare Epilepsies of Robert-Debré Hospital, Paris



Turkey



Dr Behçet Uz Children Hospital

Ireland



Europe

Kosovo



Kosovo Society Against Epilepsy



Luxembourg



Malta



Caritas Malta



Russia



Latin America

Argentina



Latin America

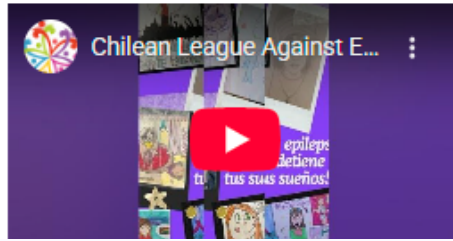
Caribbean



Epilepsy Foundation of Curaçao Nairia Winklaar



Latin America



Colombia



Latin America



South East Asia

Bangladesh



Dept of Neurology, Mymensingh Medical College, Bangladesh



Western Pacific

Hong Kong SAR China



Western Pacific

Singapore



Korea



#50MillionSteps

We're excited to share with you the incredible success of our #50MillionSteps campaign. Thanks to your efforts we were able to take a giant leap forward in raising awareness about epilepsy and the impact of stigma in society. Together we took a staggering **292, 509, 535** million steps. A new record for the campaign!

Total Steps Walked

292,509,535 total steps for epilepsy awareness.



Campaign Engagement

We had terrific engagement across our social media channels and websites throughout the period of the campaign.



35.2k impressions



Reach: 8.2K



Reach: 9.7K



1,500 web page visitors



12th February, 2026

International Epilepsy Day