



ART EXHIBITION



Thank you to all the artists who submitted entries addressing the unmet needs of individuals with epilepsy and their families.

These works of art serve as a testament to their strength and resilience.

We hope they will inspire greater public awareness and understanding.

SAD ANGEL/ANJO TRISTE

JUNIO OLIVEIRA

Life Domain: Mental Health & Well-Being/Saúde Mental e Bem-estar

The choice of the angelic figure, a celestial being associated with perfection and purity, is a striking contrast to the reality of a person with epilepsy. The angel, bowing under the weight of pain and anguish, represents the fall of an ideal, the loss of that image of perfection that society often imposes. This contrast symbolizes the social stigma associated with epilepsy, which can lead to exclusion, discrimination, and loss of self-esteem. The painting is part of the "Epilepsy" series, depicting my experience with the disease since I was 14 years old.

A escolha da figura angelical, um ser celestial associado à perfeição e à pureza, é um contraste marcante com a realidade da pessoa com epilepsia. O anjo, ao se curvar sob o peso da dor e da angústia, representa a queda de um ideal, a perda daquela imagem de perfeição que a sociedade muitas vezes impõe. Esse contraste simboliza o estigma social associado à epilepsia, que pode levar à exclusão, à discriminação e à perda da autoestima. A pintura faz parte da série "Epilepsia", retratando minha vivência com a doença desde os 14 anos.



Brasil

PURPLE SEA/MAR ROXO

JUNIO OLIVEIRA

Life Domain: Mental Health & Well-Being/Saúde Mental e Bem-estar

In this painting, epilepsy manifests itself as a force of nature, powerful and unpredictable. The disease cannot be completely controlled, and seizures can occur unexpectedly, even when the person is in a moment of tranquility. This metaphor helps us understand the complexity of the experience of epilepsy and debunks the idea that the disease is simply a matter of control. The painting is part of the "Epilepsy" series, depicting my experience with the disease since I was 14 years old.

A epilepsia, nessa pintura, se manifesta como uma força da natureza, poderosa e imprevisível. A doença não pode ser controlada completamente, e as crises podem surgir de forma inesperada, mesmo quando a pessoa está em um momento de tranquilidade. Essa metáfora nos ajuda a compreender a complexidade da experiência da epilepsia e a desmistificar a ideia de que a doença é uma simples questão de controle. A pintura faz parte da série "Epilepsia", retratando minha vivência com a doença desde os 14 anos.



Brasil

MY BRAIN AND MY RELATIONSHIP WITH EPILEPSY

MI CEREBRO Y MI RELACIÓN CON LA EPILEPSIA

VICTORIA AGUIRRE VÉLEZ

Life Domain: Achieving Your Goals/Alcanzar Tus Metas

My artwork represents my brain, specifically my frontal lobe, during an epileptic seizure. Although seizures still occur, a butterfly surrounds the affected area, symbolizing my transformation and evolution as I live with epilepsy. The heart represents the love I experience in life despite my condition. The dragonfly symbolizes my adaptability and self-realization. Lavender flowers represent the serenity and calm I now feel in my relationship with epilepsy. Finally, the symbol of gratitude acknowledges my victory over epilepsy in achieving health stability and a better quality of life. Living with epilepsy, I am happy and grateful for life.

Mi obra de arte representa mi cerebro, específicamente mi lóbulo frontal durante una crisis epiléptica, y aunque todavía sucede, a su alrededor hay una mariposa que representa mi transformación y evolución, viviendo con epilepsia. El corazón representa que a pesar de mi epilepsia, la vida es amorosa conmigo. La libélula representa mi adaptabilidad y mi autorrealización. Las flores de lavanda simbolizan la serenidad y la calma que siento hoy hacia mi relación con la epilepsia y, finalmente, el símbolo de gratitud por mi victoria sobre la epilepsia al lograr estabilidad en mi salud y tener una mejor calidad de vida. Viviendo con mi epilepsia, soy feliz y estoy agradecido/a por la vida.



Colombia

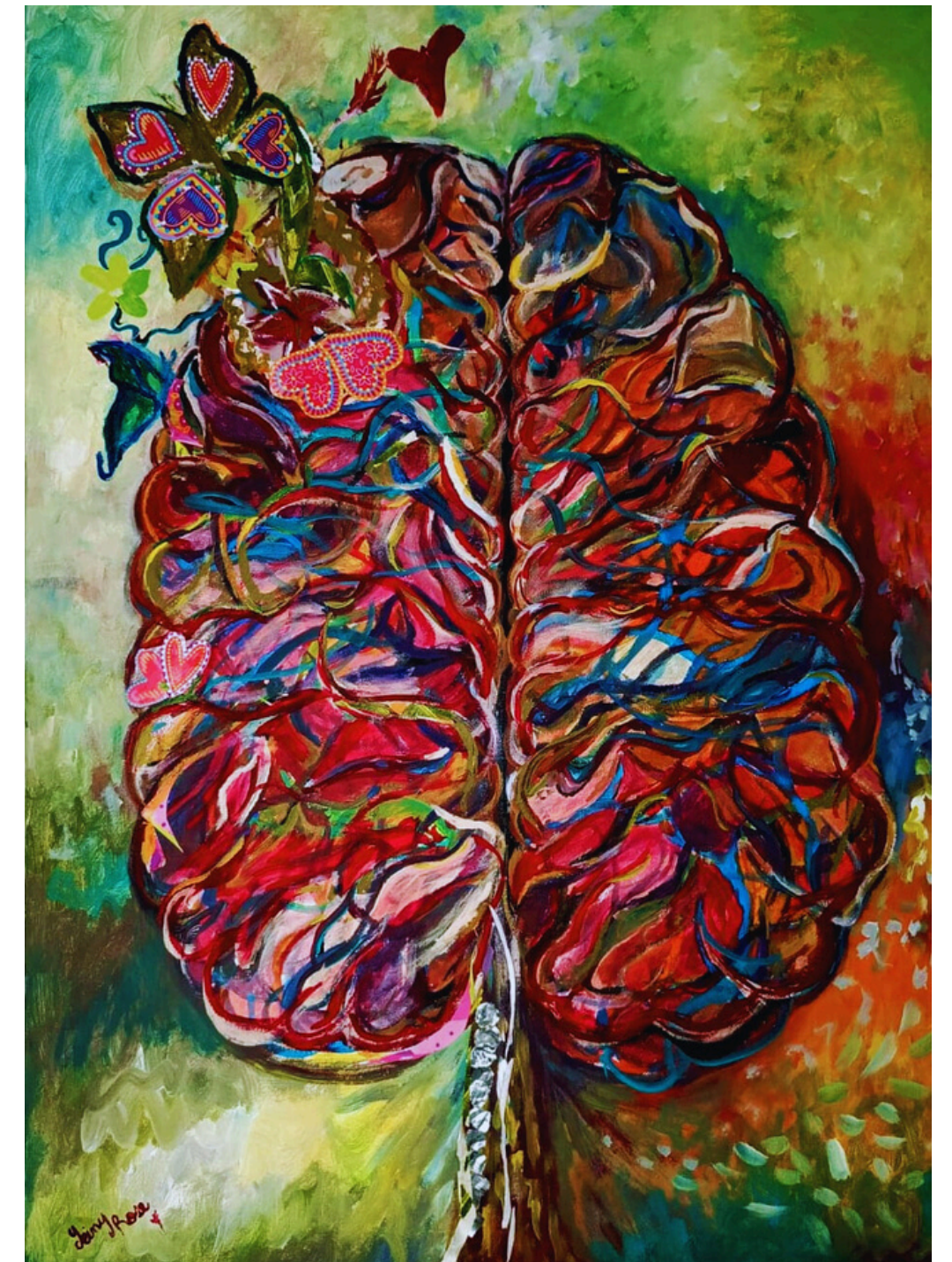
METAMORPHOSIS/METAMORFOSIS

MAURICIO OLAVE

Life Domain: Achieving Your Goals/Alcanzar Tus Metas

In "Metamorphosis," Yeimy intimately shares her mind's transformation following life-changing surgery. Her work powerfully uses the metaphor of a tree releasing butterflies, birds, and feathers—symbols of freedom and passion—to depict her resilience. Though deeply personal, this piece universally captures the experience of living with epilepsy and the resilience it cultivates. Warm colors and bold strokes express her connection to life and nature.

En "Metamorfosis," Yeimy comparte íntimamente la transformación de su mente tras una cirugía que le cambió la vida. Su obra utiliza poderosamente la metáfora de un árbol que libera mariposas, pájaros y plumas, símbolos de libertad y pasión, para representar su resiliencia. Aunque profundamente personal, esta pieza captura universalmente la experiencia de vivir con epilepsia y la resiliencia que fomenta. Los colores cálidos y los trazos audaces expresan su conexión con la vida y la naturaleza.



Colombia

OUR STORY ABOUT EPILEPSY

NEVENKA MEANDŽIJA

*Life Domain: Learning & Education; Knowledge and Advice;
Safety and Survival*

We are healthcare professionals with the School and Adolescent Medicine Teaching Institute of the Public Health Service of Brod-Posavina County, Croatia. Our service provides healthcare to schoolchildren and adolescents, working in cooperation with school staff. This video presentation aims to improve understanding of basic epilepsy information, types of seizures, and how to assist someone experiencing a seizure. It is intended for use in schools by teachers and students, as well as for broader public education about epilepsy.



Croatia

THE STORY OF PICHICO/LA HISTORIA DE PICHICO

CAMILA HERZBERG CUETU

Life Domain: Achieving Your Goals/Alcanzar Tus Metas

At age five, Camila Herzberg Cuetú underwent a hemispherectomy for epilepsy caused by Rasmussen's encephalitis. Despite life-altering effects, she began writing fantasy stories in 2007 to process her emotions. Inspired by other children with similar experiences, she vowed to help them through her writing. Since 2013, she's shared her stories in workshops and handmade books. Her "A Media Máquina" project now creates butterfly-shaped books (mirroring the Hemispherectomy Foundation's logo), bringing hope and awareness to those living with epilepsy and hemispherectomy.

En 2005, a los cinco años, Camila Herzberg Cuetú fue sometida a una hemisferectomía para controlar la epilepsia causada por Encefalitis de Rasmussen. Aunque enfrentó secuelas que transformaron su vida, en 2007 comenzó a escribir historias fantásticas para canalizar sus emociones. En 2009, al descubrir otros niños que habían pasado por lo mismo, se prometió ayudarles a través de sus cuentos. Desde 2013 publica sus historias en talleres literarios y libros artesanales. Este año, con su proyecto A Media Máquina, sus libros toman forma de mariposa, reflejando el logo de Fundación de Hemisferectomía, llevando esperanza y divulgación a quienes viven con epilepsia y hemisferectomía.



Cuba

HEAVY TO HOLD, HEAVY TO LET GO

MAI HEIKAL

Life Domain: Mental Health and Wellbeing

When we are depressed, everything feels heavy. We lose interest in things we once enjoyed, become less productive, and no matter how bright we may seem on the outside, we feel empty inside. Days pass like falling autumn leaves, and we long to pull ourselves together, but we can't seem to restart, we can't rise up, and the days keep falling. This makes us even sadder, filling us with a darkness that is heavy to hold onto and heavy to let go of.



Egypt

DIGITAL MANDALA ART

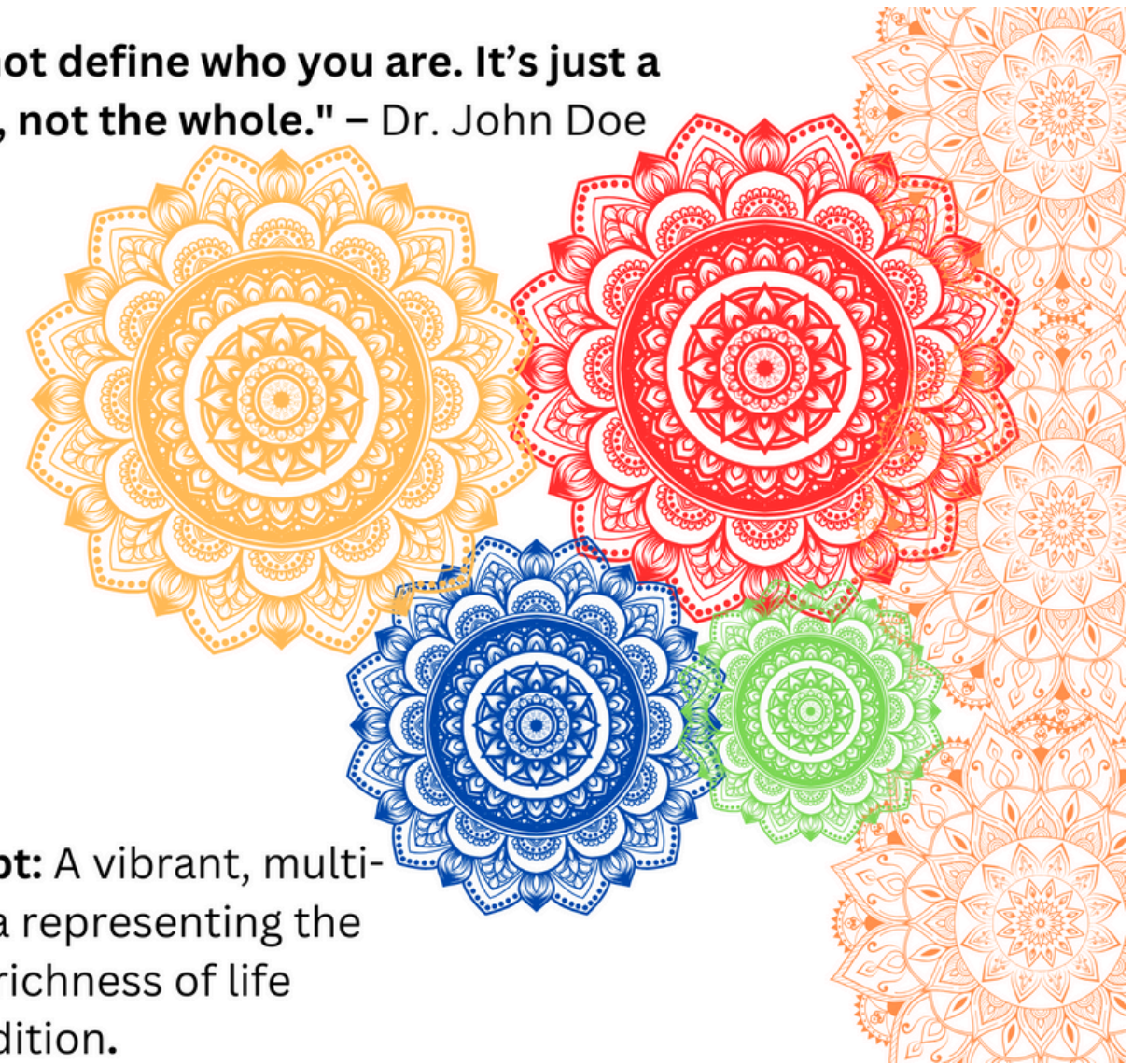
PROFESSOR DIMPAL ROY

Life Domain: Knowledge and Advice

The multi-colored digital mandala beautifully illustrates that life with epilepsy extends beyond stress and depression. Mandalas symbolize balance, harmony, and healing, reflecting how individuals with epilepsy can live full, vibrant lives. The vibrant colors represent the diverse experiences of those living with epilepsy, emphasizing that it's not a singular experience and that epilepsy doesn't define a person's worth or potential.

My artwork serves as a reminder that, with the right support and understanding, those living with epilepsy can thrive. By sharing this mandala, I am helping to break down the stigma surrounding the condition and spreading awareness about the importance of mental health, encouraging others to embrace positivity, strength, and resilience beyond the struggles.

"Epilepsy does not define who you are. It's just a part of your life, not the whole." – Dr. John Doe



Mandala Concept: A vibrant, multi-colored mandala representing the complexity and richness of life beyond the condition.

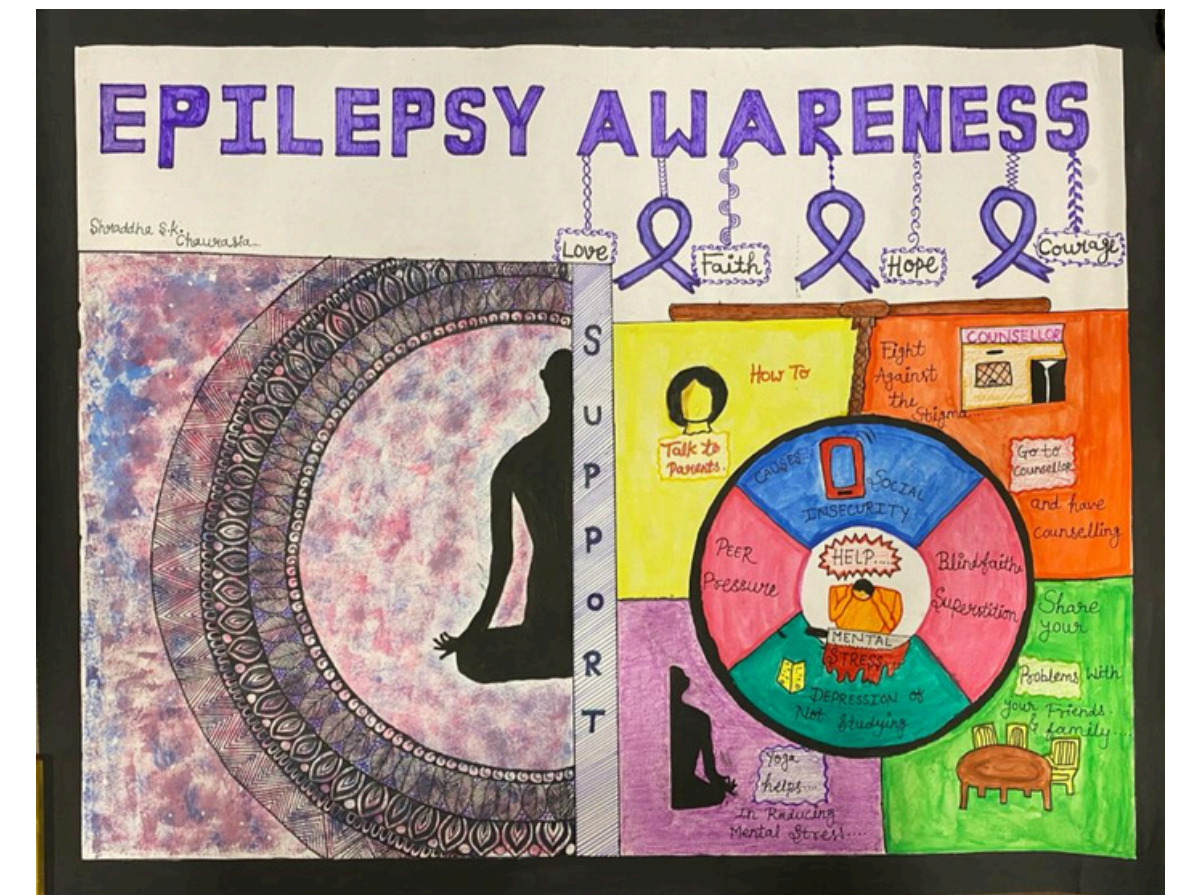
India

EPILEPSY AWARENESS

SHRADDHA CHAURASIA

Life Domain: Community & Household

I am presenting on epilepsy awareness. Epilepsy awareness is important because it reduces stigma and improves the lives of people living with epilepsy. Epilepsy is a chronic neurological condition that causes seizures. Raising awareness helps combat negative stereotypes and reduces fear of discrimination. Practices like meditation and connecting with your inner self can help you stay grounded during times of emotional difficulty. Help and support are available. If you are struggling, talk to someone you trust about how you're feeling. Awareness, commitment, and action can save lives.



India

SPIRIT OF LAVENDER

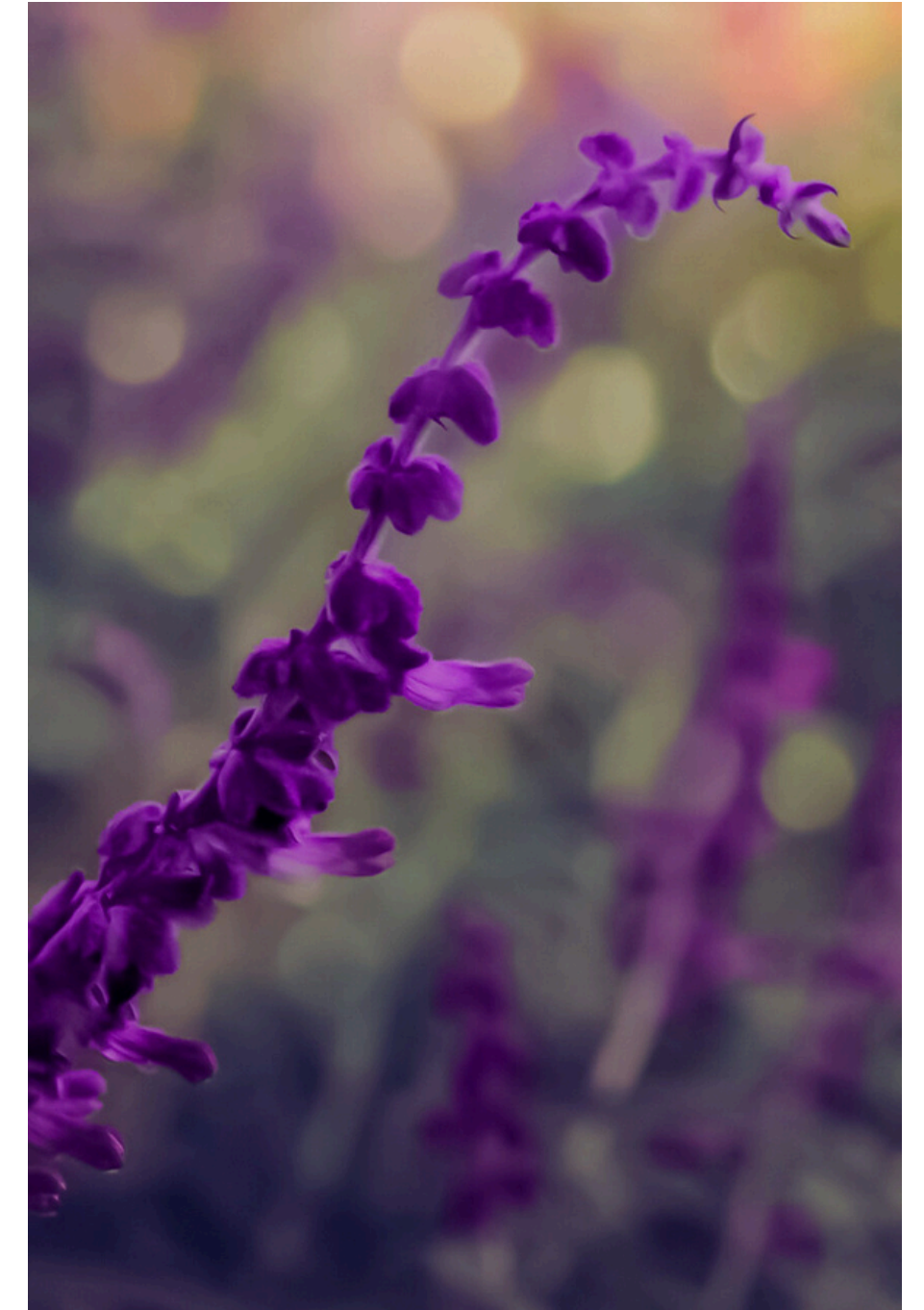
SEMANGAT LAVENDER

FIRMAN FAUZI

Life Domain: Achieving Your Goals/Meraih Tujuan Anda

Even though we may not be able to stand as fully as others, we can still achieve our dreams.

Walaupun kita tidak bisa berdiri seutuhnya seperti orang sehat pada umumnya, tetapi kita masih bisa mencapai apa yang kita harapkan.



Indonesia

THE SUN WILL SHINE AGAIN

LORRAINE LALLY

Life Domain: Mental Health

Living with epilepsy requires careful attention to mental health, as there will be good days and bad days. It can be difficult at times to see the light, to find a little brightness. I want anyone living with epilepsy, or caring for someone with epilepsy, to know that there is hope, that the sun will shine again, and that better days are ahead. Reach out from the darkness into the light, and you will feel better. My seizures are uncontrollable, so I focus on the light and love of my friends and family, who support me after a bad seizure. Living with epilepsy significantly impacts mental health, making self-care and compassion essential.



Ireland

EPILEPSY: WHAT IS IT?

ANNA

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year old's living with epilepsy to meet with others to have a chat - and do some art at the same time!



Ireland

I HAVE EPILEPSY

KATIE

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year old's living with epilepsy to meet with others to have a chat – and do some art at the same time!



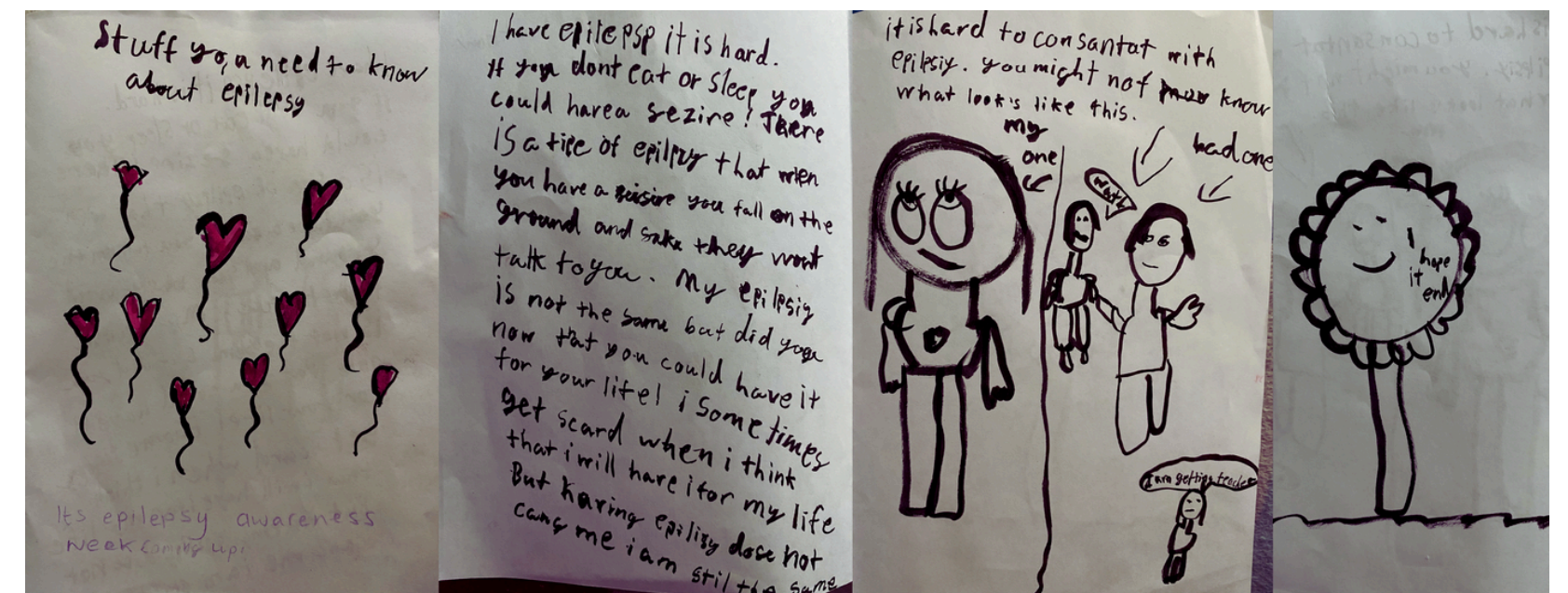
Ireland

STUFF YOU NEED TO KNOW ABOUT EPILEPSY

ROISIN

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year old's living with epilepsy to meet with others to have a chat - and do some art at the same time!



Ireland

EPILEPSY

PAUL

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year old's living with epilepsy to meet with others to have a chat - and do some art at the same time!



Ireland

EPILEPSY

ODHRAN

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year olds living with epilepsy to meet with others to have a chat - and do some art at the same time!



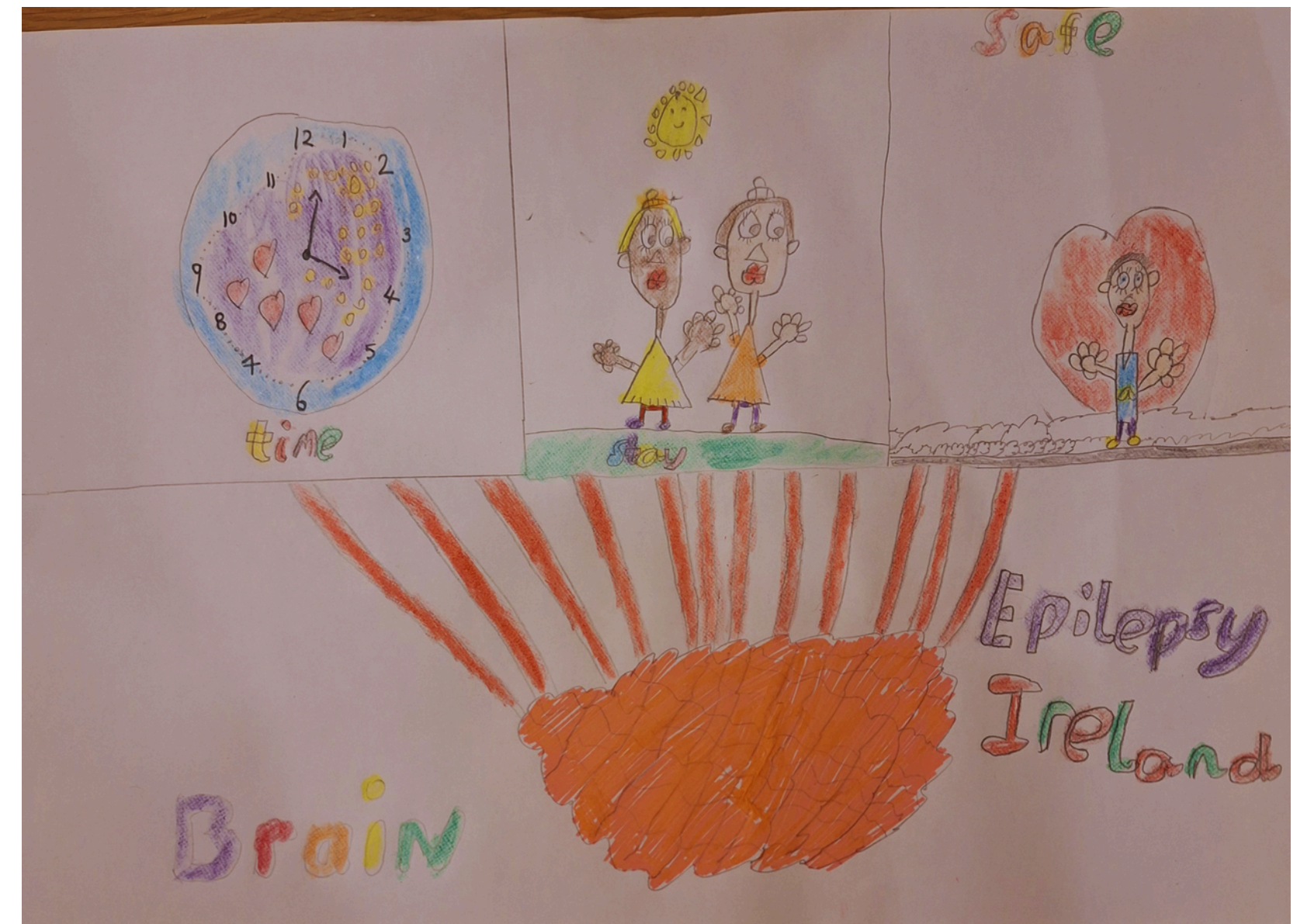
Ireland

EPILEPSY

MOLLY

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year old's living with epilepsy to meet with others to have a chat - and do some art at the same time!



Ireland

EPILEPSY

JUDE

Life Domain: Knowledge & Advice

This submission was made by attendees of Epilepsy Ireland's Get ChARTy group. This online group allows 8-12 year olds living with epilepsy to meet with others to have a chat - and do some art at the same time!



Ireland

EPILEPSY SEIZURE

NAOKO SATOH

Life Domain: Knowledge & Advice

I'm a girl with epilepsy who loves drawing illustrations.



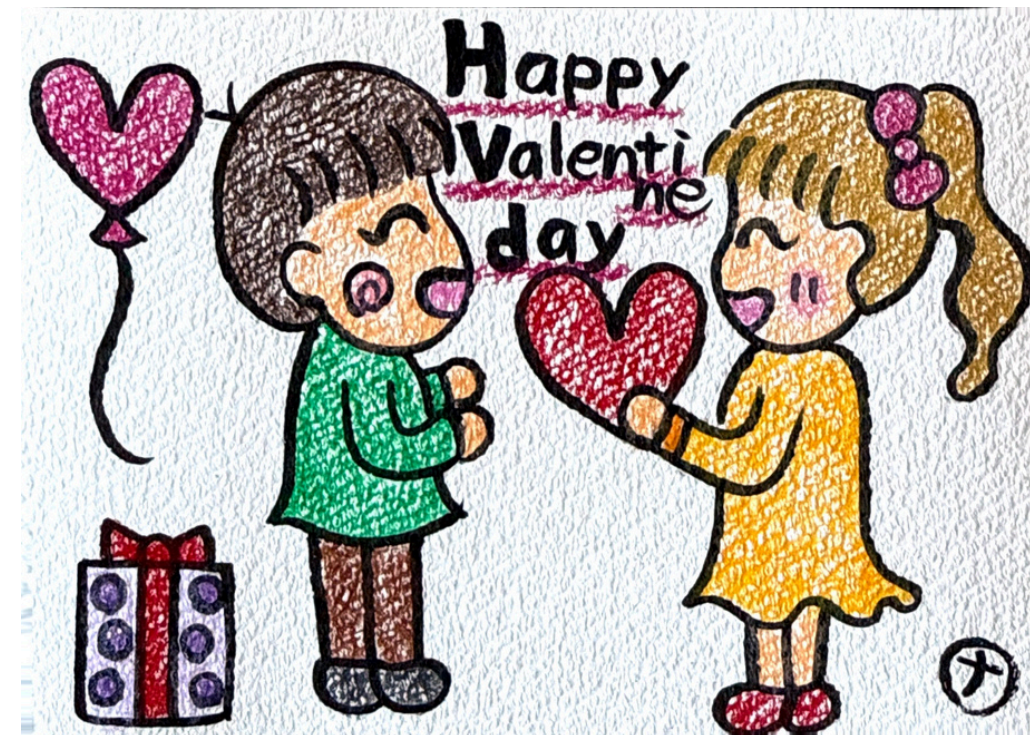
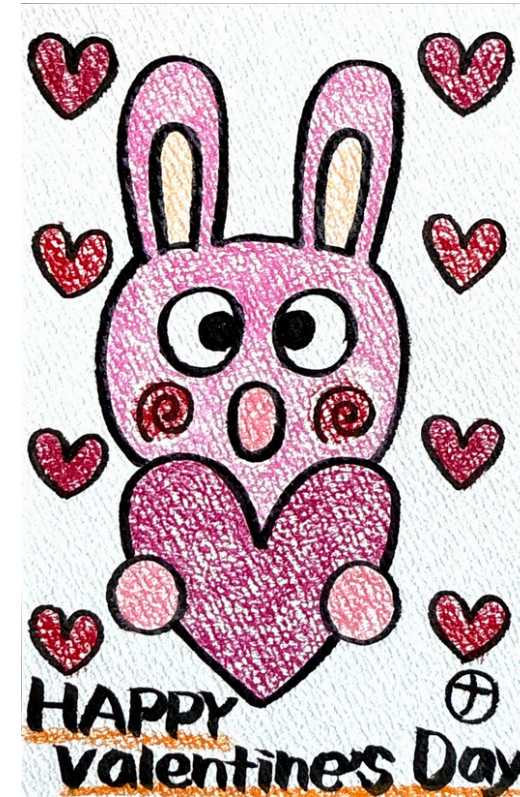
Japan

HAPPY

NAOKO SATOH

Life Domain: Community & Household

I'm a girl with epilepsy who loves drawing illustrations.



Japan

A DISEASE THAT IS STRONGER THAN ME БОЛЕЗНЬ, КОТОРАЯ СИЛЬНЕЕ МЕНЯ

Veronika Ponasenko, 14 years old

A disease that tries to break me, that refuses to see me as normal, that won't let me go, grow, and mature, instead making me fade away and sit still. But I will rise and fight again. I will conquer myself—I know I can! I won't give up; I will only move forward. I know for sure that good things await me!

Болезнь которая сильнее меня.

Болезнь, которая хочет меня сломать,
Которая не хочет меня обычной знать.
Не даёт мне идти, расти и взрослеть,
Заставляет меня угасая, сидеть.
Но я встану и снова пойду на войну,
И себя отвоюю – все равно я смогу!
Я не сдамся, я буду идти лишь вперёд
Знаю точно – хорошее меня ждёт!



Kazakhstan

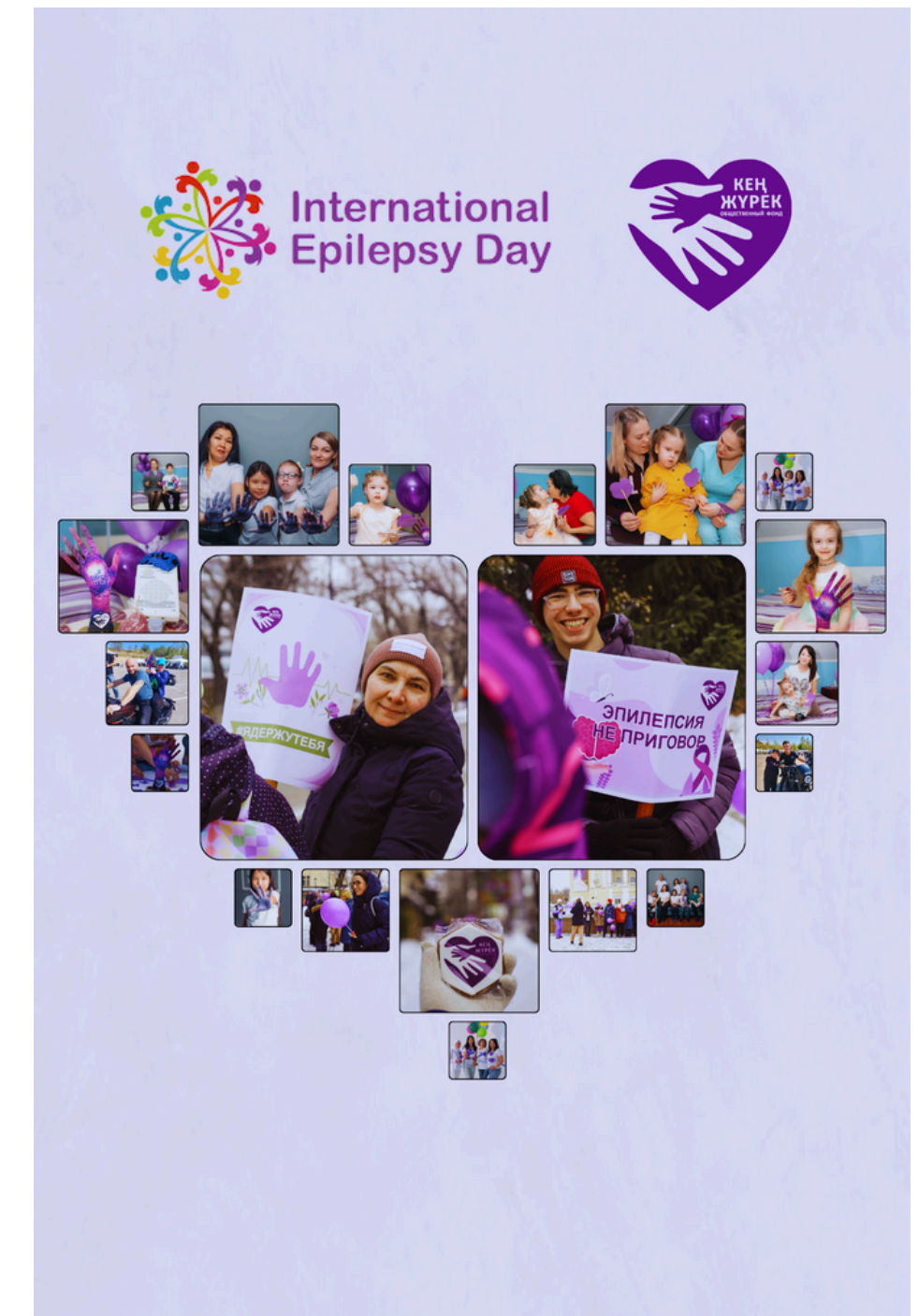
I'M HOLDING YOU Я ДЕРЖУ ТЕБЯ

SVETLANA KIRICHKOVA

Life Domain: Community & Household

The child takes his first step with the support of his family and friends. ♥ An elderly person takes his last step with the support of his family and friends. ♥ And throughout life, it is important for every person to feel the support of loved ones. To know that if you stumble, fall, and cannot get up, then there is someone nearby who will tell you 🤝 "I'M HOLDING YOU!"

Ребёнок делает свой первый шаг с поддержкой семьи и друзей. ♥ Пожилой человек делает свой последний шаг с поддержкой семьи и друзей. ♥ И на протяжении всей жизни каждому человеку важно чувствовать поддержку близких. Знать, что если ты споткнёшься, упадёшь и не сможешь подняться, то рядом есть кто-то, кто скажет тебе 🤝 "Я ДЕРЖУ ТЕБЯ!"



Kazakhstan

HOLDING ON

FAYZA BENBOUAANANE

Life Domain Mental Health & Wellbeing

My artwork presents mental support for someone dealing with epilepsy by giving him compliments and taking that person from the dark ideas to the light.



Morocco

LONE BATTLE

SUKANYA CHAKRABORTY

Life Domain: Community and Household; Mental Health & Wellbeing; Achieving your Goals

Amidst societal scrutiny and judgment, people affected by epilepsy may struggle with self-acceptance and self-compassion. This painting depicts those struggles—the internal and external battles they face—as they strive to reach their full potential despite the confusion and suffering, symbolized by the smoky shroud. The work highlights the social stigma surrounding epilepsy, the challenges survivors encounter, and the need for community awareness to support their well-being. It also emphasizes their mental health and their pursuit of personal ambitions.



Netherlands

EVERYONE IS DIFFERENT, BUT EVERYONE CAN PLAY TOGETHER/ВСЕ РАЗНЫЕ, НО ВСЕ МОГУТ ИГРАТЬ ВМЕСТЕ

ANNA POPOVA

Life Domain: Learning and Education/Обучение и образование

Children with epilepsy face significant challenges in education and social development. Society is often ill-equipped to provide them with a typical childhood due to misunderstanding, stereotypes, fear, and concerns about responsibility. During my son's first year with epilepsy, I was repeatedly denied access to socialization programs. While developmental groups exist for other neurodivergent children, those with typical epilepsy are often excluded. The common excuse is, "Wait for a long-term remission"—which could take years. Children need age-appropriate development on time. Every child, regardless of their unique characteristics, has the right to socialize and develop within society. It is very important for children with epilepsy to be among their peers, to see and understand that they are the same as everyone else and that there is a place for them in society. My son's drawing shows that despite our differences, we are all part of the same whole, and our strength lies in unity.



Russia Россия

COGNITIVE ABILITIES AND WEST SYNDROME

ANTONINA PRIKHODCHENKO

Life Domain: Learning and Education/Обучение и образование

My daughter Taisya was born healthy; at 4.5 months, the neurologist noticed a slight developmental delay. At 6.5 months I saw the very first attack. Fortunately, treatment was found quickly enough; infantile spasms and hypsarrhythmia were brought under control within 2.5 weeks. The onset of the disease was rapid. At the age of 1.5 years, I noticed for the first time that Taisiya began to understand spoken speech. She was able to take her first steps without support after 2 years old. We never gave up and strictly followed the doctor's recommendations for rehabilitation also.

Моя дочь Таисия родилась здоровой; в 4,5 месяца невролог заметил небольшое отставание в развитии. В 6,5 месяцев я увидела первый приступ. К счастью, лечение было найдено достаточно быстро; инфантильные спазмы и гипсарритмия были взяты под контроль в течение 2,5 недель. Начало заболевания было стремительным. В возрасте 1,5 лет я впервые заметила, что Таисия начала понимать устную речь. Она смогла сделать первые шаги без поддержки после 2 лет. Мы никогда не сдавались и строго следовали рекомендациям врача по реабилитации.



Russia/Россия

COGNITIVE ABILITIES AND WEST SYNDROME

ANTONINA PRIKHODCHENKO

Life Domain: Learning and Education/Обучение и образование

The most important thing in rehabilitation is to find the balance. A large number of activities may not always be safe. Rare exercise may not have any effect at all. I always paid attention to my daughter's well-being before and after classes. At the very beginning, Taisya had a hard time getting in touch with rehabilitation specialists and we had to adapt for a long time. Nowadays, even with new specialists, she quickly finds contact and gets along with pleasure.

Самое важное в реабилитации — найти баланс. Большое количество занятий не всегда может быть безопасным. Редкие упражнения могут вообще не дать никакого эффекта. Я всегда обращала внимание на самочувствие моей дочери до и после занятий. В самом начале Тасе было тяжело находить контакт со специалистами по реабилитации, и нам пришлось долго адаптироваться. Сейчас, даже с новыми специалистами, она быстро находит контакт и занимается с удовольствием.



Russia/Россия

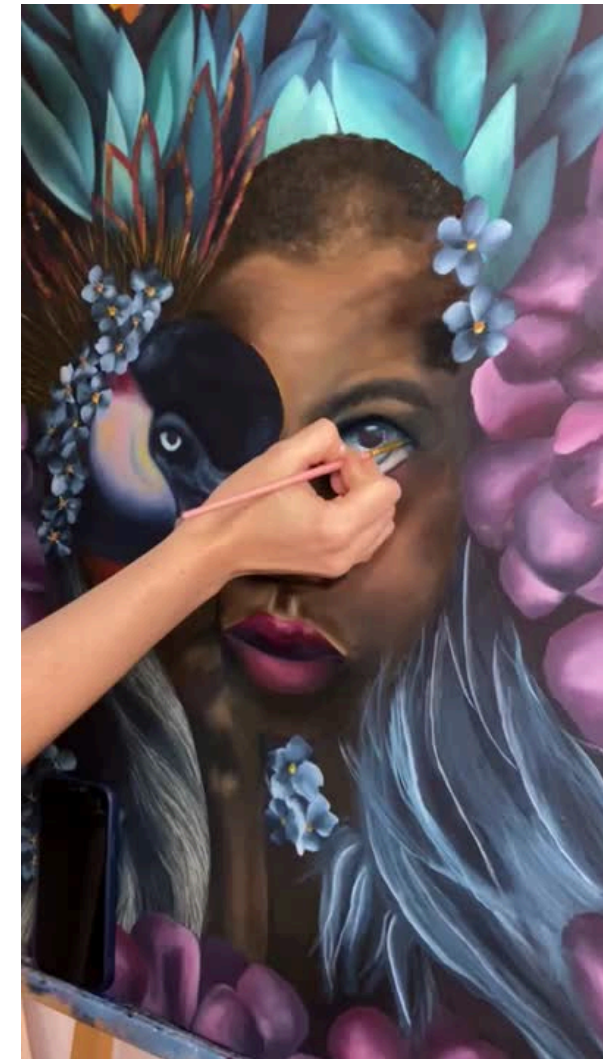
COGNITIVE ABILITIES AND WEST SYNDROME

ANTONINA PRIKHODCHENKO

Life Domain: Learning & Education/Обучение и образование

Now my daughter is almost 5 years old and she has 12 classes a week. About a year ago we were able to launch a speech. Taisya confidently walks, rides a bicycle, and learns to jump on one leg. Taisya has really great result in development! It's possible due to regular rehabilitations and timely medical assistance. With gratitude in my heart to our doctor.

Сейчас моей дочери почти 5 лет, и у неё 12 занятий в неделю. Около года назад нам удалось запустить речь. Тася уверенно ходит, катается на велосипеде и учится прыгать на одной ноге. У Таисии действительно отличные результаты в развитии! Это возможно благодаря регулярным реабилитациям и своевременной медицинской помощи. С благодарностью в сердце нашему врачу.



Russia Россия

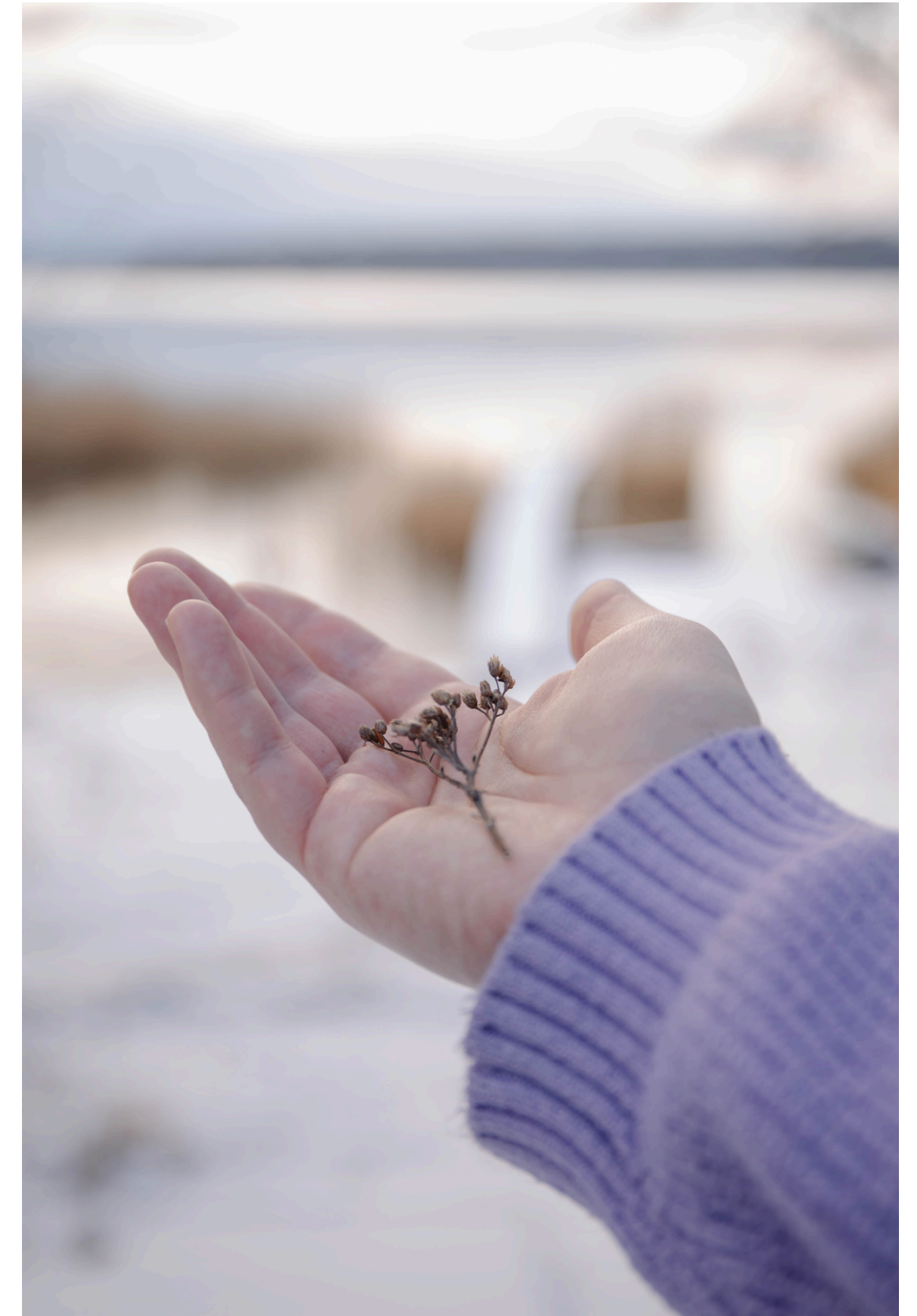
FRAGILE HAPPINESS/ХРУПКОЕ СЧАСТЬЕ

EMILIYA NURISLAMOVA /ЭМИЛИЯ НУРИСЛАМОВА

Life Domain: Mental Health and Wellbeing
Психическое здоровье и благополучие

My child has a rare genetic disease – Tuberous sclerosis and one of the main symptoms is epilepsy. After the birth of my child, my life became very anxious and every happy moment became worth its weight in gold. And I try to hold on to fleeting happiness like this fragile brittle flower in my hand. After all, the wind can blow and this moment will fly away. Therefore, you need to learn to appreciate all the good here and now, and try not to give in to the winds of change.

У моего ребенка редкое генетическое заболевание – туберозный склероз, и одним из основных симптомов является эпилепсия. После рождения ребенка моя жизнь стала очень тревожной, а каждый счастливый момент – на вес золота. И я пытаюсь удержать мимолетное счастье, как этот хрупкий, ломкий цветок в своей руке. Ведь может подуть ветер, и этот миг улетучится. Поэтому нужно научиться ценить все хорошее здесь и сейчас и стараться не поддаваться ветрам перемен.



Russia/Россия

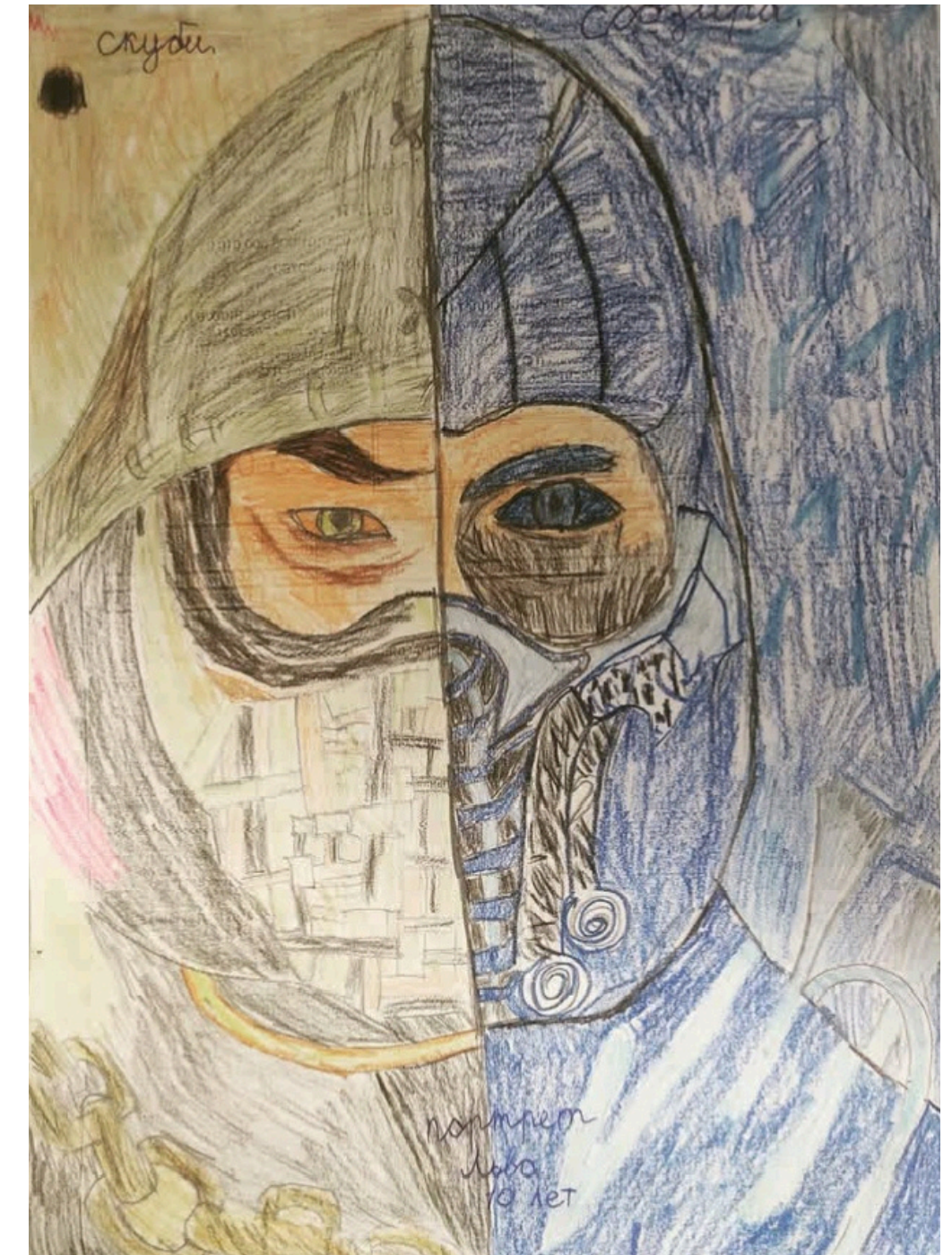
INTERNAL STRUGGLE ВНУТРЕННЯЯ БОРЬБА

LEV ROGORELOV/ЛЕВ ПОГОРЕЛОВ

*Life Domain: Mental Health & Wellbeing/
Внутренняя борьба*

The inner struggle with the disease is on the one hand a good warrior, on the other hand, a villain.

Внутренняя борьба с болезнью, с одной стороны, — хороший воин, с другой стороны — злодей.



Rusia Россия

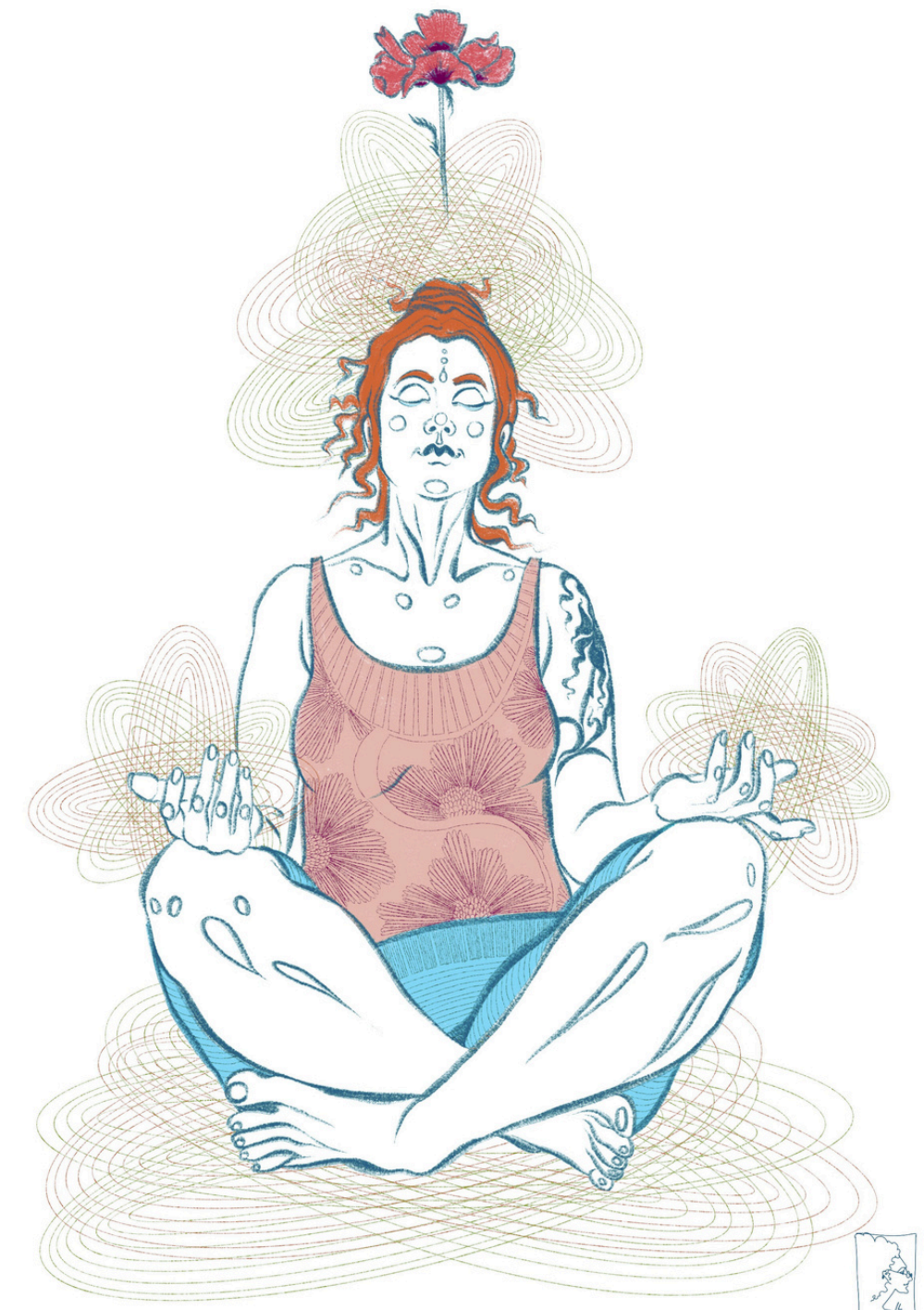
EPILEPSY ISN'T A VERDICT: INSIDE THE MEDITATION ЭПИЛЕПСИЯ — ЭТО НЕ ПРИГОВОР: ВНУТРИ МЕДИТАЦИИ

LYUDMILA STOLYARENKO

Life Domain: Achieving Your Goals/Достижение ваших целей

Through my drawings, I want to emphasize that we shouldn't view a diagnosis as a punishment or misfortune. Instead, we can see it as a challenge, a basis for striving for a fulfilling life: pursuing the education we desire, having a job we love, a loving partner, and children. We have the right to openly share our diagnosis without fear. We have the right to be proud of every achievement, no matter how small.

Своими рисунками я хочу подчеркнуть, что мы не должны воспринимать наш диагноз как наказание или несчастье. Скорее, мы можем воспринимать его как вызов, опираясь на это стремиться к полноценной жизни, получить желаемое образование, иметь любимую работу, любящего человека рядом, детей. Мы имеем право не бояться объявить о своем диагнозе. Мы имеем право гордиться каждым новым достижением.



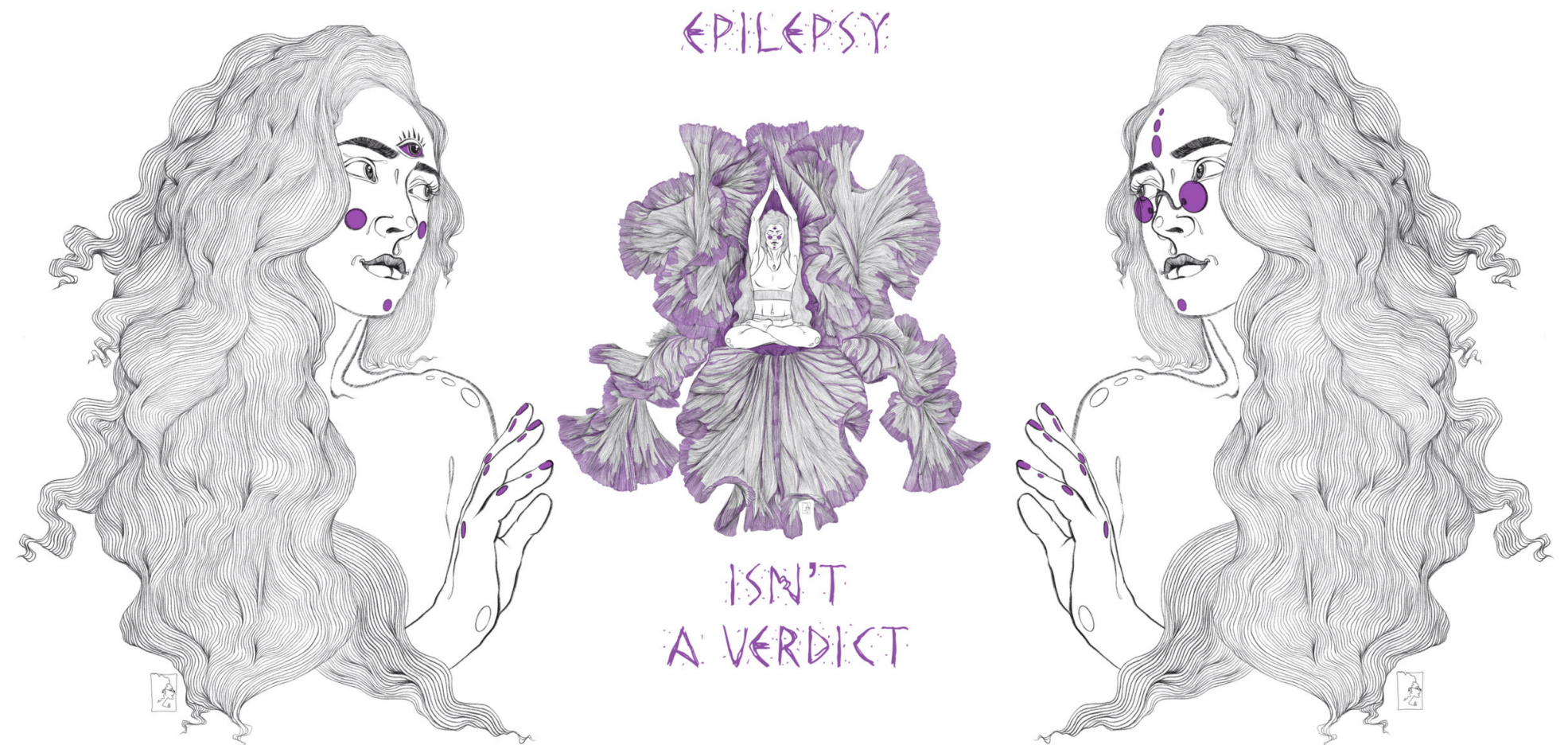
Rusia Россия

EPILEPSY ISN'T A VERDICT

LYUDMILA STOLYARENKO

Life Domain: Achieving Your Goals

Through my drawings, I want to emphasize that we shouldn't view a diagnosis as a punishment or misfortune. Instead, we can see it as a challenge, a basis for striving for a fulfilling life: pursuing the education we desire, having a job we love, a loving partner, and children. We have the right to openly share our diagnosis without fear. We have the right to be proud of every achievement, no matter how small.



Rusia Россия

HOLD ON FOR ONE MORE DAY

NATALIE GREEN

Life Domain: Achieving Your Goals

My entry is a collage of continuing on and pursuing the things that I love despite my epilepsy. Brain surgery stopped my seizures for a long time, but they came back. Seizures are disruptive and scary, but if I held myself back out of fear I wouldn't be the person that I am today... a leader, an advocate, an artist, a soccer player, a dancer, an athlete with many medals! I may be powerless over my diagnosis, but I choose to live with optimism and hope. Persistence and patience is key. I have learned to always "hold on for one more day", and sometimes that's what get's me through.



United States

WHAT A WONDERFUL WORLD

SARAH BROWN

Life Domain: Mental Health & Wellbeing

This artwork is inspired by Louise Armstrong. This thinker sculpture is meant to appear as if it were in deep thought and is wrapped in decorative paper. It is meant to appear as a gift, reflecting that life is like a present, each day a gift. It illustrates aspects of post-traumatic growth (PTG).

Post-traumatic growth is a positive psychological change that occurs after a traumatic event, which for someone with epilepsy can be the constant stress of living with seizures, experiencing brain surgery, or living with the burden of normality. This artwork is about finding a greater appreciation for life after experiencing years of challenges and struggles.

There is a light at the end of the tunnel where one sees beauty in all its forms and appreciates life and the world surrounding them.



United States

ARE THEY DONE YET

LAURA BREKSA

Life Domain: Mental Health & Wellbeing

"Are They Done Yet" is a photomontage aimed to show what it feels like to be worked on, to have others try to fix a patient with epilepsy, and the patient has neither control or supervision of the work being done.



United States

DIAGNOSIS: INVISIBLE

YARROW RUBIN

Life Domain: Mental Health & Wellbeing

A black and white self-portrait with a blue hue depicts a middle-aged white woman with light eyes and long, straight hair, staring ahead, her head resting on a pillow. Phrases from her medical record, in colored text, surround her face: Assessment; the encounter diagnosis was generalized epilepsy; suspected seizure type: generalized; suspected epilepsy etiology: idiopathic; findings: intermittent generalized epileptic discharges were present; diagnosis: seizure disorder; impression: abnormal EEG; MRI consistent with multinodular vacuolating neuronal tumor (MVNT), a benign grade 1 neoplasm; EEG: abnormal, 1–6 second bursts of 3–4 Hz generalized spike-wave discharges.



United States

A PROMISE TO ENDURE ALL

EDMOND CHILUBA LUBEMBA

Life Domain: Mental Health & Wellbeing

A royal figure who, despite facing the significant challenge of epilepsy from a young age, made a powerful inner promise to live a life of resilience and positivity.



Zambia

AN EPILEPTIC CAPTURE

EDMOND CHILUBA LUBEMBA

Life Domain: Mental Health & Wellbeing

The royal's life in the village was marked by isolation and a lack of genuine connection with others. Despite appearing to fit in, she felt deeply alone and constrained by her epilepsy. This condition, symbolized by a menacing figure, constantly loomed over her, causing fear and anxiety. Even within the palace, where one might expect support, she encountered discouragement and a lack of true understanding.



Zambia

CLASSMATES LIKE FAMILY

EDMOND CHILUBA LUBEMBA

Life Domain: Mental Health & Wellbeing

The royal found unexpected support outside the palace. In an embroidery class, she formed new friendships. These friends helped her realize that her sadness stemmed from more than just her epilepsy, offering a sense of relief and hope. The drawing depicts a classmate having a seizure, and the friends quickly act to ensure her safety, demonstrating the genuine care and understanding she found within her new community.



Zambia



Thank you for watching