

# INTERNATIONAL EPILEPSY DAY 2024 – REPORT

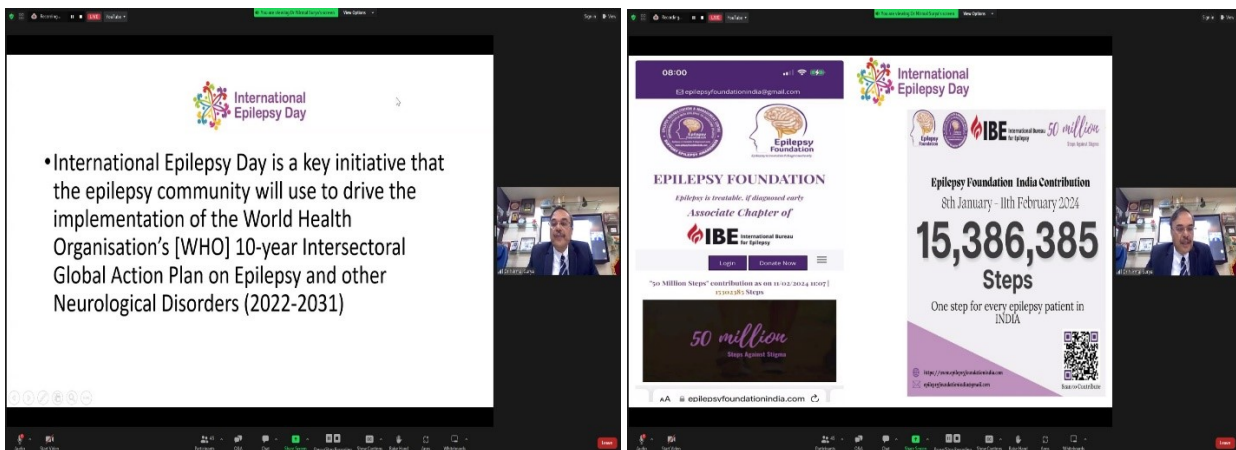
## “Milestones on My Epilepsy Journey”

**12<sup>th</sup> February 2024, 3:00pm – 05:00pm**

**Epilepsy Foundation India (Associate Chapter of IBE)** organized the Virtual Awareness Program on the occasion of “**International Epilepsy Day**” on 12<sup>th</sup> February 2024, nearly 120 no. of people joined on the zoom session & 230 views on you tube has attended.



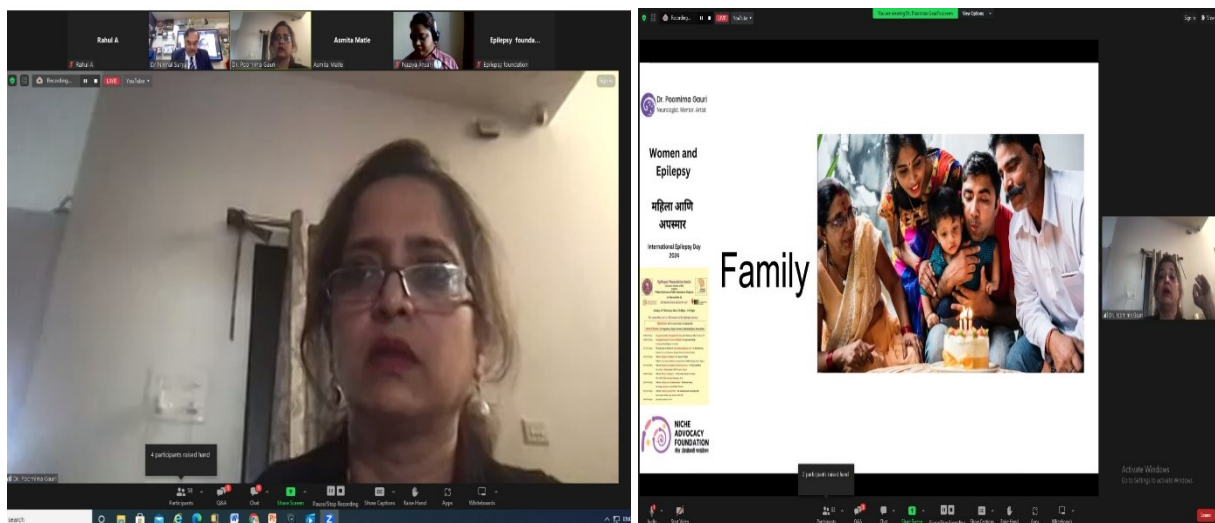
It got started with **Dr. Nirmal Surya, Founder Trustee & Chairman, Epilepsy Foundation** Who gave Welcome speech and shared information about “**What is International Epilepsy Day**” & gave information about IGAP Drive an initiation for Epilepsy Community & started with WHO and upcoming plan of IGAP that has to be implemented within 10 years, He later Informed 15.4 million step contribution from Epilepsy Foundation and on Single day on Marathon on “50 Million Steps Campaign” & shared article on International Epilepsy Day & information on What is Epilepsy, Do’s & Don’ts and Spoke about IBE Virtual Art Exhibition & the theme of program that is “Milestones On My Epilepsy Journey. Around 7 PWE shared their My Epilepsy Journey Om Chaudhry 15 years old, Shradha Chaurasiya, Darshana Mehta, Yashraj Singh & EEG Technician Pooja Benwal.



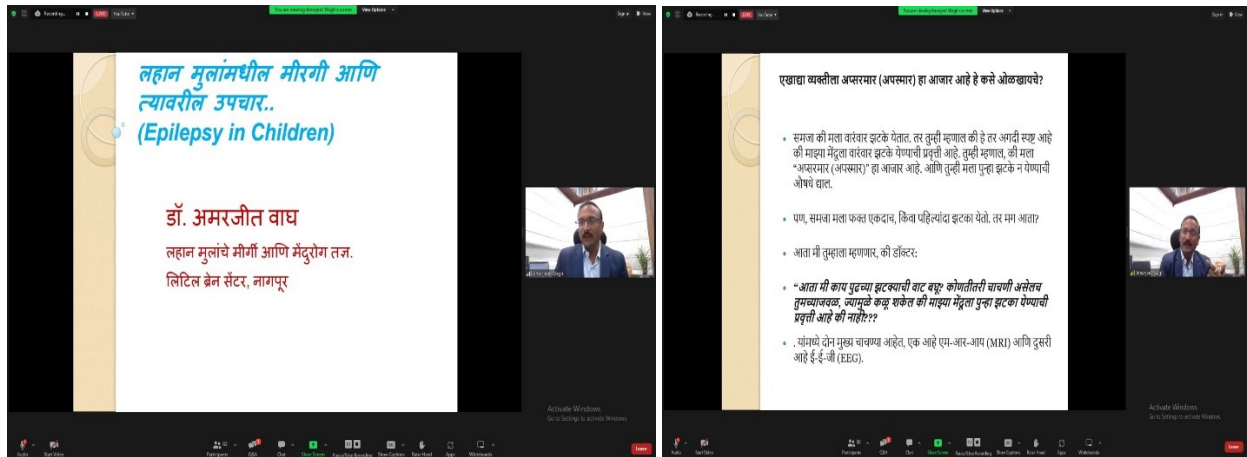
Message by **Dr. Francisca Sofia, President of IBE** was shared on occasion of International Epilepsy day and she spoke about IGAP initiation to completed within 8 years, Human Rights for PWE 2023, Importance of Awareness as Health Literacy is on below level & high level of misconception about Epilepsy which leads to to Social Stigma & Discrimination with PWE. And Gave Message to **Accelerate our efforts to reduce Stigma for Transformation Social Change for PWE World Wide.**



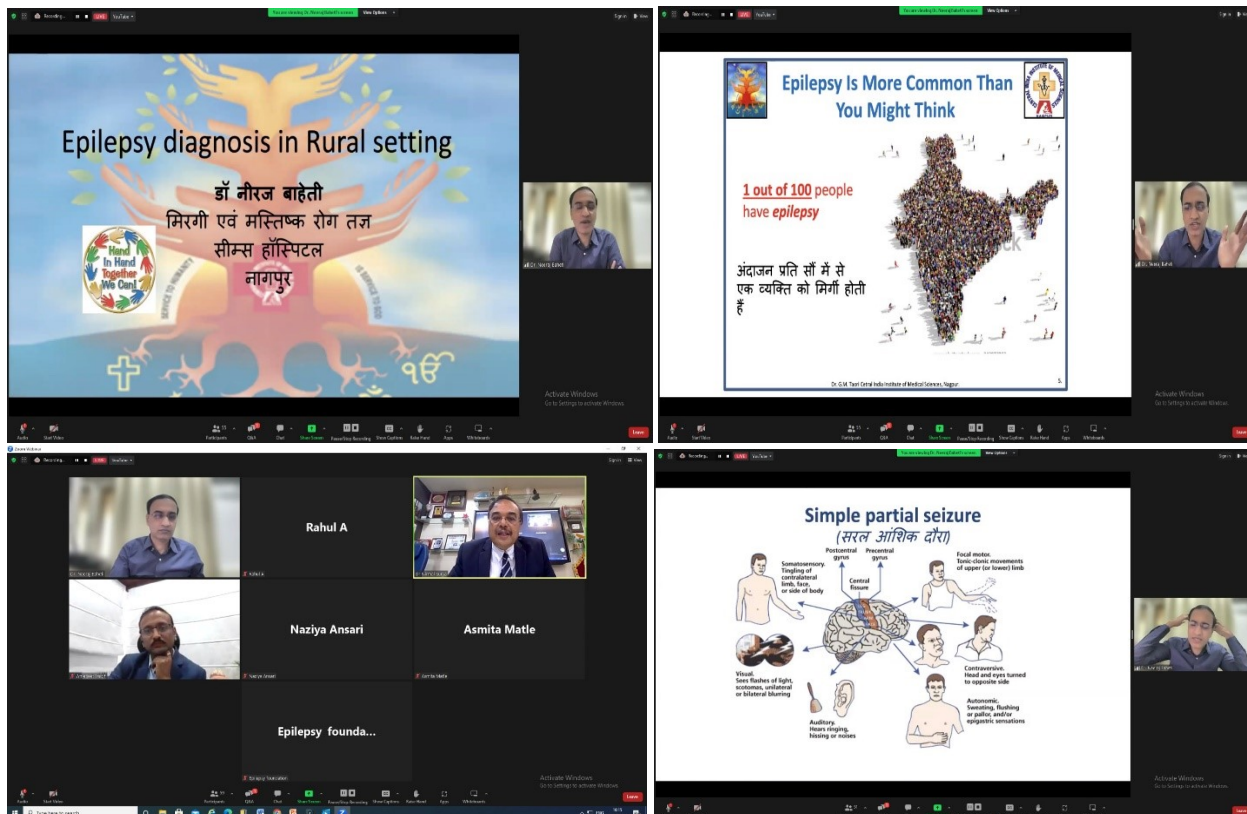
**Dr. Poornima Gouri, Neurologist, Pune** gave a presentation on Women in Epilepsy and she spoke about effects Of Epilepsy in Women’s Life. She spoke about Brain and spoke about Importance and relation of Epilepsy School Issues, One chapter to be added in Text book of Epilepsy, Isolation, Over Protective Parents, medicines side effects on Menstrual Cycle, Workplace discrimination, Independent & Education and Marriage related issues. She spoke about Epilepsy Association after advocacy remove the “Epilepsy as Cause of Divorce from Hindu Marriage Act. Pregnancy should be planned and consultation with Doctor. She shared eg of PWE who is working as Receptionist & PWE who are working in corporates and other PWE. In Short, she spoke about Pregnancy, Marriage, Work, Childhood, College Days.



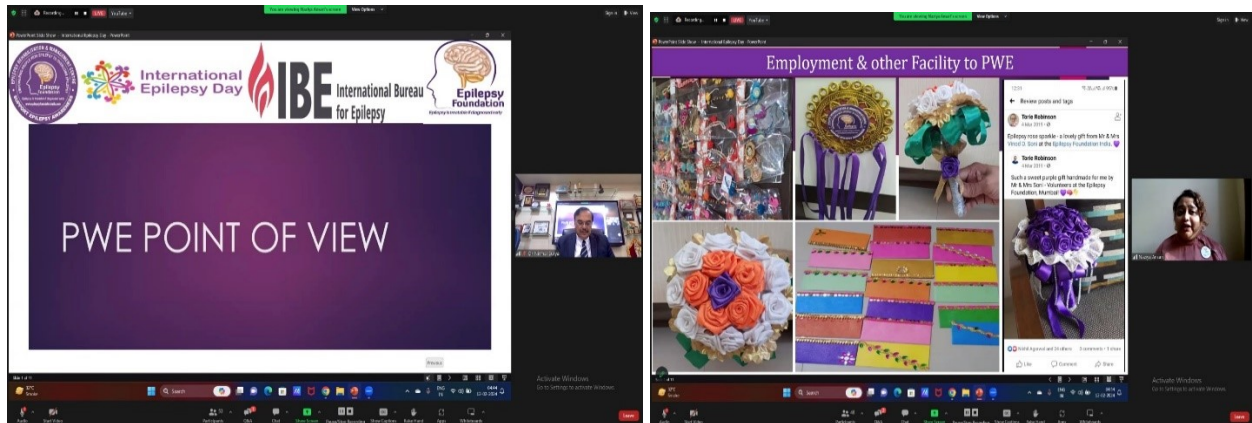
**Dr. Amarjeet Wagh, Pediatric Neurologist, Nagpur** gave presentation on Types of Epilepsy, Difference between adult epilepsy and Children Epilepsy. Reason for Epilepsy in Children is due to Sugar, Calcium deficiency, Birth infections, brain growth etc. Types of Epilepsy Seizures and treatment & he presented video of Child having. Identification to be done by EEG & MRI. Medicines and importance of taking it regularly. Epilepsy Can be treated as soon as diagnosed. Do's & Don't during Seizure. Medicine Timings, Caregivers Need not to take fear of Epilepsy.



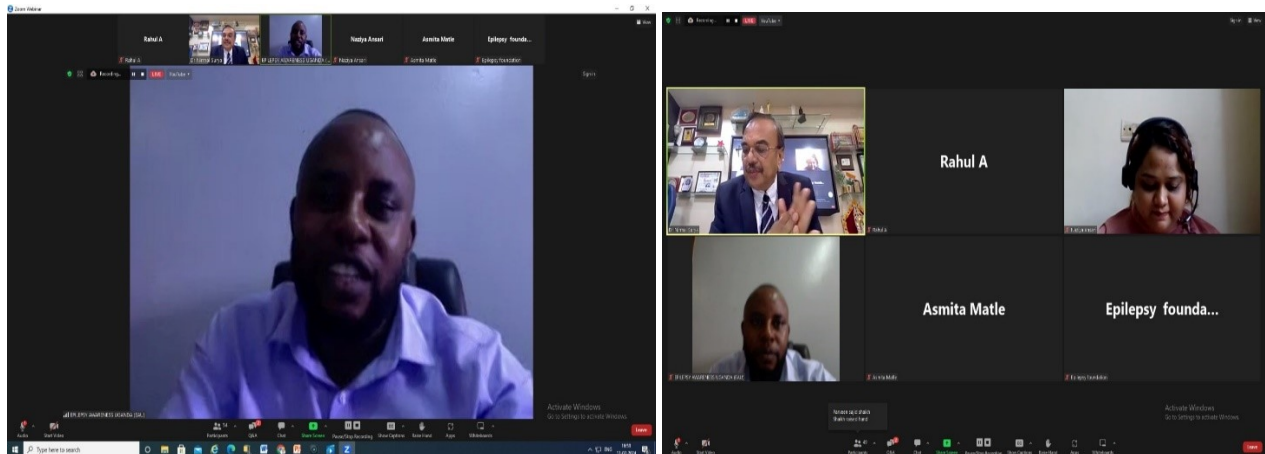
**Dr. Neeraj Baheti, Neurologist, Nagpur** gave presentation on Awareness and myths about Epilepsy & Social issues. What is Epilepsy, Common disease, can happen to anyone irrespective of gender or humans or animals etc. Type of Epilepsy. Importance of Videos of Epilepsy Seizures to diagnose epilepsy 99 percent cases gets resolved. He also shared videos of seizures for types of Epilepsy. Symptoms of Epilepsy. Importance of History for treatment. Medicines varies as per type of Epilepsy.



**Ms. Naziya Ansari, Member, Epilepsy Foundation** gave presentation on PWE Point of view Importance of Awareness Campaigns of Epilepsy to remove epilepsy Stigma, Literacy about Epilepsy, Importance of Education, Value of Rural Camp. Feedback for PWE expressing, Employment facility, Art classes. She gave example of Mercy, Nitin who are teaching art work to all PWE & earning money by selling their prepared Diya, Rakhi, Toran etc. Importance of Counselling, Speech Therapy, OT, PT, Yoga, Music Therapy. To cover education gap English class.



**Mr. Ronnie Gid, Chairman of Epilepsy Awareness, Uganda** appreciates for work done for Epilepsy cause and thank for all speakers for sharing important information.



Programme was ended with Vote of thanks & closing speech by Dr. Nirmal Surya with good wishes to all who participated as panel discussion and shared good information about Epilepsy.

**You tube Link:** <https://www.youtube.com/watch?v=0CWB39OnliE&t=2117s>

